

Greetings Norridge Park District Fitness Center member,

Thank you for your patience and understanding regarding our Norridge Park District fitness center closing due to the COVID-19 epidemic. We are excited to be opening our doors again on **Monday, July 6th**. Please review the following updated guidelines and rules while we transition through [Phase 4 of Restore Illinois](#).

Hours of Operation:

The Fitness Center will be operating during these hours:

Monday-Friday: Open 7am-1pm | **Closed 1-4pm** | Open 4:00-7:00pm

Saturday-Sunday: Open 8am-4pm

Member Usage of Facility:

We will **NOT** be taking reservations in advance for you to utilize the Fitness Center. Based on restrictions per State of Illinois we are to operate at a **50% capacity** meaning we will be able to allow **15** members in the fitness center at any given time. We encourage that if you are coming to work out to call ahead to make sure we can accommodate. Please note if we are at capacity we may ask you to either 1) Wait in lobby area or 2) Come back at another time. We are encouraging members to limit their work out time to **60 minutes**. In addition we are only allowing fitness center members to utilize our facility during initial re-opening. No guests or guest passes allowed until August 15th.

Member COVID-19 Expectations:

- Masks or face coverings must be worn at all times within the facility.
- Masks or face coverings do not need to be worn while working out.
- Wash or sanitizing hands upon entering and exiting the fitness center.
- All visitors maintain 6 feet social distancing.
- Per [IDPH](#), water fountains will not be available, please bring your own.
- Locker Rooms will be closed, please arrive in your work out gear.
- Bathrooms will be available for use.
- Members are encouraged to bring their own sweat towel.
- Members will be required to wipe down equipment surfaces before and after use.

Equipment:

In order to maintain 6 feet distancing, limited equipment will available. Every other cardio machine will be blocked off; free weights and machines will be accessible. We are encouraging our members to be respectful and maintain 6 feet social distancing if a machine is in use. If need be please utilize a machine that is properly distanced or wait until that member is no longer using.

Staff Expectations:

The same guidelines will be followed by our supervisory staff. Every hour employees will be completing a walk through and disinfecting all touchpoints in prominent areas of the fitness center. We will continue a touchless scan for member check-in. Between the hours of 1-4pm a deep cleaning will be completed by a staff member and a custodian will be implementing another cleaning at the end of each evening.

Membership Fees:

While we are transitioning through Phase 4 of restoring the operations of the district, we will NOT be charging monthly memberships for July. If you are currently registered for monthly membership, your next charge will be **August 15th**. For all annual memberships, your renewal date will be extended based on the amount of time we were closed. For additional inquiries regarding your fitness center membership, please reach out to Angelo Along, aalongi@norridgepk.com or (708) 457-1244.

We appreciate your cooperation during this transition time. We understand that these guidelines continually evolve based on restrictions and guidance from the state of [Illinois](#), [CDC](#) and [IDPH](#). If at any time you have questions or need clarification of Phase 4 Norridge Park District restore plan please reach out to a member of the Norridge Park District team. Looking forward to having you back!